If you’re struggling to lose weight with diet and exercise alone, there are a variety of weight loss pills on the market that can help. One such supplement is called Exipure, which is touted as a revolutionary new diet pill that targets brown adipose tissue (BAT).

According to the manufacturer, low brown adipose tissue levels is the root cause of unexplained weight gain. Exipure contains 8 exotic nutrients that are designed to increase brown adipose tissue, resulting in dramatic weight loss and fat burning.

But are Exipure diet pills too good to be true? Are these diet pills the real deal or just another weight loss scam?

In this Exipure review, we’re going to explain everything you need to know about this popular weight loss supplement. We’ll uncover how it works, the ingredients, how it’s different from other diet pills, whether it’s safe, and where to buy it for the lowest price.

Click Here to Save Up To 80% on Exipure Weight Loss Pills
What Is Exipure? (Best Way To Lose Belly Fat For Women)

Exipure is a novel natural weight loss supplement that increases brown adipose tissue (BAT) levels, allowing users to target the root cause of their stubborn fat layers.

Exipure supports healthy weight loss by increasing the number of calories the body burns daily. Calories measure how much energy the body consumes each day. Maintaining a calorie deficit is the primary way to lose weight successfully.

The Exipure weight loss supplement combines eight all-natural ingredients. According to the company's official website, the non-prescription product boasts the following benefits, being:

- Plant-based
- Stimulant-free
- Non-addictive
- Non-GMO
- Easy-to-swallow
- Made using good manufacturing practice (GMP) standards
- Made in the U.S.
- Manufactured in a facility approved by the Food and Drug Administration (FDA)
- Free of artificial colors, antibiotics, or preservatives
- Purity-tested
- Soy-free
- Dairy-free
- Vegetarian friendly

Many other weight loss supplements exist, though they typically rely on harsh chemicals and artificial ingredients that can cause various adverse side effects and addictive tendencies.

How Do Exipure Diet Pills Work? (Best Way To Lose Belly Fat For Women)

Exipure developers discovered this research and realized the opportunity that brown fat levels offer for weight loss. The Exipure supplement they developed combines eight natural ingredients that raise brown fat levels, boost energy, increase how many calories you burn, and ultimately support long-term weight loss.

Taking Exipure pills to increase your brown fat levels allows you to burn more calories than you would with a strict, daily exercise routine.

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What About White Fat?

Your body has multiple types of fat cells, including brown and white fat. Brown adipose tissue cells are in charge of warming your body up when you get cold. Each brown fat cell converts your body’s excess food, or fat, into heat and energy to maintain a healthy body temperature.
Brown fat cells have more mitochondria than white fat cells. Mitochondria are the cell’s “powerhouse,” generating energy and burning fat.

Exipure diet pills don’t only increase brown fat. In addition, the weight loss supplement helps to burn white fat cells for an all-encompassing dual function weight loss process:

1. Converts white fat to brown fat: The weight loss formula includes natural ingredients that convert white fat cells into brown adipose tissue (BAT), allowing for increased calorie burning rates. Brown adipose tissue supports weight loss better than white fat.
2. Increases your calorie-burning rate: The Exipure supplement can’t convert all of your white fat, though by increasing your fat metabolism, your body can burn white cells more quickly than normal. Resolving your slow metabolism by increasing BAT levels decreases your total body fat.

What Else Does Exipure Do?

The Exipure dietary supplement offers more benefits than just reducing belly fat. Speeding up your metabolism, lowering blood sugar levels, and burning excess fat all improve your health in various ways. According to Exipure reviews, supplement users have experienced the following health benefits:

- Maintained healthy cholesterol levels
- Reduced body weight
- Decreased high blood pressure
- Maintained a healthy blood pressure
- Targeted weight loss in particular areas
- Improved brain health
- Understood unexplained weight gain
- Continued losing weight long-term
- Lost weight safely
- Increased daily energy levels
- Felt more active and alert

Losing weight transforms how your entire body functions. Aside from the physical benefits, many consumers enjoyed increased confidence and body image associations.

Review of Exipure Ingredients

Each bottle of Exipure contains eight all-natural ingredients derived from exotic plants and minerals. Together, these natural supplements kickstart BAT levels and support weight loss from every angle possible. The 300 mg Exipure formula includes the following natural weight loss ingredients:

- Perilla
- Kudzu
- Holy basil
- White Korean ginseng
- Amur cork bark
- Propolis
- Quercetin
- Oleuropein
When losing weight, your body often also loses key nutrients vital to different bodily functions. People who shed weight in unhealthy ways sometimes experience poor digestion, cloudy thoughts, reduced brain functions, low energy, and more. Exipure developers believe the ingredients will help users lose weight while nourishing their bodies with the vital elements it needs to feel great while shedding fat.

Continue reading to learn about each Exipure pill ingredient and how they work together.

**Perilla**

Perilla is a mint leaf, usually found in and around Southeast Asia. The Exipure weight loss formula relies on Perilla leaf extract, the star ingredient for increasing brown adipose tissue (BAT) levels. Perilla leaves help you burn fat by improving low brown adipose tissue levels while offering the following benefits:

- Maintaining healthy cholesterol levels
- Improving memory retention
- Boosting cognitive abilities
- Easing digestive issues
- Reducing bloating and inflammation
- Minimizing stress, which increases cortisol and leads to weight gain
- Combating allergies

**Kudzu**

Ancient Chinese cultures used kudzu root to treat medical conditions like coronary disease and diabetes. Kudzu root extract includes high levels of antioxidants, which help rid your body of toxins, improving your immune system and health. Strengthening your immune system enables you to heal more quickly and deal with stress better to prevent weight gain.

Aside from ridding your body of toxins, kudzu root promotes natural weight loss by boosting BAT levels. This natural ingredient increases your body’s amount of brown fat to raise your metabolism and burn extra calories.

Kudzu also relieves bodily pains and aches, which is excellent if you’ve just started exercising. Frequently, many people quit their fitness journeys because of the painful sore muscles and recovery times. With kudzu in your daily supplement, you can feel great after every workout.

**Holy Basil**

Holy basil, or tulsi, is another mint herb that Indian and Ayurveda medical practitioners use to treat different ailments. Like many other Exipure ingredients, holy basil also boosts BAT levels, helping your body burn fat faster to lose weight. Aside from kickstarting your weight loss journey, holy basil may also help eliminate stress, improve brain health, and ease digestive troubles.

**White Korean Ginseng**

If you read the label on any typical fat loss dietary supplement, you’ll likely find ginseng, an ancient herbal supplement used for many health purposes. East Asian cultures use white Korean ginseng to aid their immune system, cognitive abilities, and psychological functions.
The herb’s main goal in the dietary supplement Exipure pills is to increase BAT levels to help you lose weight naturally.

White Korean ginseng converts the white fat in your body into brown to help speed up the weight loss process. At the same time, this herb reduces your body’s stress and accelerates your metabolism.

**Amur Cork Bark**

Often, people experience severe gastrointestinal issues when trying to lower the number on their scales. Consuming too few calories and altering their diets can lead to uncomfortable stomach pains and bathroom issues. Amur cork bark's main purpose is to ease your digestive tract and help your stomach feel great daily.

The ingredient improves diarrhea, nausea, ulcers, stomach flu, and other gut issues while reducing cortisol levels. Your body creates cortisol as a hormonal response to stress and sugar. When your cortisol spikes, your body stores extra fat, particularly around the mid-section.

Amur cork bark helps keep your cortisol healthy, reduces stress, improves cholesterol levels, and maintains blood pressure. The herb also removes excess inflammation for those who struggle with bloating.

**Propolis**

Propolis is a bee concentrate in the form of resin, providing extreme anti-inflammatory results. Ancient Greek civilizations used propolis to heal scars, Egyptians relied on it to kill infections, and WWII soldiers used it to heal battle wounds. The ingredient’s long track record of success proves how well it works to improve human bodily functions.

When taking propolis in the Exipure formula, you should enjoy the following benefits:

- Increased BAT levels
- Less belly fat
- Powerful detoxing powers with the included anti-oxidants
- Anti-bacterial and anti-fungal fighting agents
- Immune system improvements
- Healthy sugar and blood pressure levels
- Reduced allergy developments
- Improved digestive health
- Inhibited intestinal fat absorption rates

**Quercetin**

Quercetin is a flavonoid with strong anti-carcinogenic and anti-inflammatory properties. When combined with the other ingredients in Exipure, this ingredient converts white adipose tissue into brown adipose tissues, preventing weight gain and promoting body fat loss.

The key benefits that quercetin offers are its anti-aging capabilities: nourishing your cells and helping you appear younger. Aside from the physical benefits, quercetin improves exercise stamina, brain functions, bloating, and inflammation.

**Oleuropein**
Oleuropein comes from green olives and can help people who struggle with obesity. The extract boosts brown adipose tissue levels in your body, like many other ingredients found in Exipure, while improving blood sugar levels, reducing oxidative stress, preventing hypertension, and helping your heart stay strong.

All of the Exipure ingredients we’ve mentioned thus far can help you lose weight, burn fat, and stay lean long-term while improving your overall health. Exipure’s manufacturers believe that combining these herbs and supplements into one capsule creates the most powerful results.

How Is Exipure Different From Other Weight Loss Supplements? (Best Way To Lose Belly Fat For Women)

When shopping for diet pills, you have tons of options. You can purchase over-the-counter supplements or receive prescription drugs from your doctor. Some of these choices might help you lose weight, but many have adverse side effects and might not be effective.

According to the many reviews we studied, Exipure dietary supplements are different from other diet pills because they:

- Target the source of weight gain
- Rely on safe ingredients
- Ignite constant fat-melting
- Offer instant and long-term results
- Target stubborn fat areas
- Improve your overall health
- Offer easy dosage schedules

The brand also boasts exceptional customer service channels and thousands of positive Exipure reviews.

Targets the Source: Brown Adipose Tissue

Rather than offering a Band-Aid solution, Exipure pills target the source of your stubborn weight problems: low brown adipose tissue levels. As discussed above, decreased brown fat levels are responsible for excess fat, so by boosting this count, they change how your body stores and burns fat. Exipure pills teach your body how to burn calories more quickly, increasing your metabolism’s efficiency.

Relies on Safe Ingredients

Many diet pills use harsh chemicals and additives that harm your body. Exipure weight loss pills rely on safe, organic ingredients.

Some weight loss herbs follow a similar strategy but offer lackluster results alone. Exipure combines all the highest quality ingredients to promote weight loss without sacrificing health. The capsules are non-addictive and come from a GMP-certified, U.S.-based, and FDA-approved manufacturing facility.
Allows You to Lose Weight While Sedentary

Some medications only work when you exercise and won't work if you don't hit the gym. Exipure is one of few supplements that promotes weight loss 24/7, even when you're sedentary.

When taking the Exipure weight loss supplement regularly, your body burns fat every hour of the day, even when sleeping. You can combine this with a workout regimen and clean diet for enhanced results or keep your normal routine and still lose weight.

Enables You to See Fast Results

The creators of Exipure created a unique tropical weight loss supplement formula that begins working overnight. You can read testimonials on the official website. While you may need a few months of Exipure bottles to see total results, many begin seeing progress immediately.

Prevents Weight Gain in the Future

Exipure diet pills affect how your body’s cells function. Human bodies store fat in different places when they eat excess food. You can burn this extra fat by maintaining a caloric deficit from eating less or exercising.

Most people cannot possibly eat small portions and diet food for their entire lives. You don't want to regain weight after you finish a restrictive diet, so what's the solution?

Exipure teaches your cells to melt fat faster, so you don’t have to do the extra work. The supplement converts your existing fat into brown fat, which works more efficiently. Even after you stop taking Exipure, you'll enjoy an increased metabolism that allows you to maintain your weight loss and even continue losing more for many years.

Targets Specific Fat Areas

According to this guide on Observer, most effective dietary supplements dissolve fat across your entire body evenly, which often isn’t the desired outcome for many people. You might want to target your fat loss in specific areas, like your stomach, without losing weight in other places.

Exipure diet pills help you target stomach fat in two ways:

- Increasing BAT: Boosting your BAT levels enables you to eliminate fat around your stomach region.
- Balancing cortisol: Increased cortisol levels usually cause an extra weight build-up around the mid-section. Every bottle of Exipure includes powerful cortisol-balancing ingredients to help you shed this stubborn weight.

Improves Your Overall Health

Some people want to lose fat to look better, though almost everyone aims to feel better. Many weight loss techniques and supplements cause serious long-term damage to your vital organs. Ingesting harsh chemicals, under-eating, or overexercising can make you feel worse.

Exipure ingredients help you shed weight and improve your overall health so you can feel great inside and out. With Exipure, you can:
Resolve hypertension
Reduce blood sugar levels
Improve cholesterol
Sharpen brain functions
Enhance cognitive abilities and memory retention
Feel more energetic
Increase metabolism

Skips Complicated Dosages

Often, diet companies require you to take multiple supplements as often as three to six times a day, or more, to see results. Swallowing excessive pills is uncomfortable, time-consuming, and hard to remember to fit into a busy schedule of work, school, friends, and family life.

The Exipure formula comes in easy-to-swallow capsules with a simple dosing schedule. The company recommends taking only one pill daily with a full glass of water. You can easily integrate this into your morning routine with breakfast or your nightly before-bed procedure.

Takes Advantage of the Active Customer Support Line

You can tell if a product is a scam if the company doesn’t offer any support to its customers. Many weight loss providers won’t communicate with you after the initial sale. Exipure offers multiple customer support lines, so you can get in touch with an expert if you need help.

At the bottom of Exipure’s official website, you’ll find the product support tab that lets you email the company’s team for help. You can also click the order support tab to check the live status of your order, manage returns, and complete refunds.

Gains Trust With Exipure Customer Reviews

The best way to tell whether or not any product is legit is by its reviews. The company boasts a perfect five-star rating with over 100,000 customers advocating for the product. You can read through real Exipure reviews on the company’s official website to see the effects for yourself.

Lauren from Wyoming reports losing 35 pounds in her Exipure review, and Zach talks about losing 26. The numbers speak for themselves, and you can continue reading these testimonials on the official website.

Relies on Safe Manufacturing

Sometimes, non-verified manufacturers produce medications that fluctuate in potency and quality, causing varying results and adverse effects. All Exipure products come from U.S.-based manufacturing facilities that meet FDA standards. Rather than selecting a drug from overseas, rely on this GMP-certified provider for consistent results.

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Does Exipure Have Any Side Effects?

Since Exipure is 100% natural, soy-free, vegetarian-friendly, dairy-free, non-GMO, and plant-based, you are not likely to experience any negative side effects while taking it. The
formula relies on natural organic materials with strict quality control and sterile standards. You should only expect side effects if you’re allergic to one of the ingredients or have a pre-existing condition that prevents you from consuming the herbs.

Since the elements found in Exipure aren’t ones you encounter daily, you should practice extra caution. You might have an allergy you’re not aware of yet. We recommend speaking with your doctor before beginning Exipure.

Stop taking the pills immediately and contact your doctor if you notice any adverse reactions after beginning treatment. If you experience an allergic reaction, seek emergency medical help.

Exipure supplements are dense with powerful ingredients, so taking too many at once can lead to adverse reactions. To stay safe, you must follow the recommended one-capsule-per-day dosage. If you accidentally forget a dose, don’t double up the next day.

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**What Is the Cost of Exipure? (Best Way To Lose Belly Fat For Women)**

Exipure costs vary based on how much you order. The company rewards bulk purchase customers with discounted rates. If you want to save money, consider ordering a bundle package or multiple bottles of Exipure at once.

The current rates for Exipure are:

- One bottle (30-day supply): $59
- Three bottles (90-day supply): $147, equalling $49 per bottle
- Six bottles (180-day supply): $234, equalling $34 per bottle

The three- and six-packs of Exipure bottles each come with additional bonus gifts. The 180-day supply includes free shipping. This largest bundle package saves you up to $900 in supplement and shipping costs.

The company ships globally so customers can buy from anywhere. You can purchase using Mastercard, Visa, American Express, or Discover. Occasionally, the prices and free shipping offers change, so check the website regularly for the latest deals.

**Where to Buy Exipure Pills for the Lowest Price**

You can only buy Exipure on the company’s official website. The brand doesn't sell through any third-party dealers. You should not purchase Exipure from other websites or stores, as it could be a scam and not the real thing.

Companies frequently sell counterfeit products with faulty ingredients that can harm you. Make sure that you only purchase from Exipure’s website to rely on the safe and tested formula.
When you visit the Exipure site, you’ll find three options for purchasing:

- One bottle
- Three bottles
- Six bottles

Under each option is the pricing information and a button to add the selection to your cart. Once you decide how many bottles of Exipure you want, simply add it to your basket and check out. The checkout process is 100% secure, so you don’t have to worry about giving away payment information or other private details online.

**Exipure Bonuses and Promotions**

Aside from the actual supplements, Exipure also offers extra bonuses and promotions for customers who purchase in bulk. Anyone who orders three or six bottles at once will receive the following gifts with their purchase:

1-Day Kickstart Detox: This eBook teaches you how to kickstart your weight loss experience with a detox. Detoxes rid your body of unnecessary toxins, flush out waste, and help you lose water weight. With 20 easy detox tea recipes made from simple ingredients found in every kitchen, the 1-Day Kickstart Detox teaches you the safe way to cleanse after a weekend of eating junk food.

Renew You: This eBook helps you “detox” your mind. A positive, clean, and stress-free mindset is the key to any weight loss diet. The Renew You book teaches you to clear your head, restore confidence, ease stress, reduce anxiety, and prepare to become the best version of yourself.

After your first purchase from Exipure, you’ll receive exclusive promotional offers, including the opportunity to purchase the Exipure Wellness Box, which we will discuss in detail next.

**What Comes in the Exipure Wellness Box?**

The Exipure Wellness Box is valued at $620 and includes various products promoting weight loss and general health. The company states that when combining all of these items with Exipure, you can lose an extra three pounds per week. Consumers report improved immunity functions, better sleep, increased weight loss, and more!

The Exipure Wellness Box includes the following five supplement blends:

Immune Boost: Each serving from the Immune Boost supplement features 1,200 mg of ten different plant extracts that naturally support healthy immune systems, including the powerful antioxidants from echinacea. Getting sick with a cold or flu could set you back on your diet. Stay healthy and keep your immune system strong using this supplement.

MCT Oil Pure: Medium-chain triglycerides (MCTs) promote weight loss, increase energy levels, decrease heart disease risks, balance blood sugar, and reduce hunger pains. The MCT Oil Pure supplement has 2,000 mg of MCT to help you feel full for longer, lose fat, and stay in great shape.

Deep Sleep 20: Getting adequate sleep reduces stress, helps you melt weight, and keeps your mind sharp. Poor sleeping patterns force your body to store fat, making it harder for people to lose weight. The Deep Sleep 20 formula includes ingredients like goji berry, passionflower,
melatonin, ashwagandha, and chamomile to help you fall asleep faster and stay asleep throughout the night.

Ultra Collagen Complex: As you age, your skin, hair, nails, and other connective tissues lose collagen, causing wrinkles, hair thinning, and an aged appearance. Sometimes extreme caloric deficit diets can yield similar results. The Ultra Collagen Complex formula includes collagen peptides that renew your skin, hair, and nails, helping you look younger for as long as possible.

BioBalance Probiotic: The BioBalance Probiotic blend features 20 billion active strains of colony-forming units, which improve your digestion, health, and immunity. Unlike certain diets that cause stomach aches, this probiotic improves how your gastrointestinal tract functions. Nourishing your gut flora and ridding your body of harmful bacteria can help you feel great while reducing bloat and inflammation, which could resolve your excess stomach fat.

**Does Exipure Come With a Money-Back Guarantee?**

Yes! Exipure offers a 180-day money-back guarantee to all customers on each order. If you’re not 100% satisfied with your purchase, receive a full refund within six months of your purchase date. The customer service team won’t ask questions or press you for details on why you weren’t satisfied.

This 180-day money-back guarantee displays how confident the company feels in its product. You can purchase with zero risks knowing if you don’t lose enough weight, you’ll get your investment back.

[Click Here to Save Up To 80% on Exipure Weight Loss Pills](#)

**Who Should Use Exipure To Lose Weight?**

Most people who need help with weight loss can benefit from using Exipure. The product is suitable for adult men and women over 21 and works best for people over 35. You should try Exipure if you fall into one of the following categories:

- You want to kickstart your weight loss program.
- You’ve struggled to lose weight in the past.
- Diet and exercise are never enough for your weight loss needs.
- You’ve lost weight before but always gain it right back.
- You have hypertension, high blood sugar, poor energy, high cholesterol, or obesity.
- You tried other weight loss products and experienced bad reactions.
- Your doctor recommends you try a natural supplement to help with weight loss.
- You want to target weight loss, particularly around your stomach region.

**Who Should NOT Use Exipure Weight Loss Pills?**

Most people can safely take Exipure, though you should consult a doctor first if you are pregnant or breastfeeding. Children under 18 shouldn’t take Exipure unless their doctor recommends it. Aside from these categories, any adult man or woman over 21 can safely take Exipure without negative experiences.
Final Verdict – Does Exipure Really Work for Weight Loss?

So, does Exipure work for weight loss? Considering all Exipure reviews, studies, and available online information, we believe it works well, though you should always weigh the pros and cons.

Selecting a new supplement for your body is a huge decision you shouldn’t make lightly. To summarize this article, we’ve gathered the main pros and cons below so you can consider your options.

Exipure Pros

The pros of purchasing from Exipure include:

- All men and women can take the supplement safely.
- Professional developers crafted the formula with ample medical knowledge.
- Each ingredient boasts a rich history of medical success.
- All components are non-GMO, plant-based, and vegetarian-friendly.
- Each capsule is gluten-free, dairy-free, and soy-free with no added stimulants.
- The formula targets the root cause of excess fat: low brown adipose tissue levels.
- The company uses U.S.-based, FDA-approved, and GMP-certified facilities.
- Each capsule is pure and potent, so you don’t have to take a mouthful of pills.
- The company displays transparency by offering online reviews.
- Customers can rely on the 180-day money-back guarantee if they’re not satisfied.
- Bulk purchases save you money and include high-value gifts.
- Customers who purchase six bottles at once receive free shipping.
- The company never auto-bills your account or renews your subscription.
- The natural elements improve all aspects of your health, aside from losing weight.
- The formula doesn’t create any adverse or dangerous side effects.
- You don’t need a prescription to order Exipure.
- The results begin immediately and last for a long time, so you don’t regain weight.

Exipure Cons

While the long list of pros above may sound appealing, you should also consider the potential negatives, including the following:

- The capsules aren’t vegan because they contain gelatin.
- You can’t receive free shipping on single-bottle orders.
- The company is fairly new, so any long-term effects are still unclear.
- You can only read the specific, highlighted reviews.
- Exipure doesn’t explicitly state the doses in the proprietary blend.
- You can’t set up any auto-billing for continual purchases.
- You can only purchase online from Exipure’s website, not Amazon, Walmart, CVS, etc.
- The products occasionally sell out due to limited ingredient availability.

Our Final Verdict - Is Exipure Legit or Not?
Considering the pros and cons above, you can see how the overwhelming positives outweigh the few negatives. Like many other Exipure reviews, we concluded the product is legit and a powerful solution for losing weight.

If you need help shedding extra fat, consider Exipure. We recommend reading through all points mentioned in our review to understand the supplement before purchasing.

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